

Our Philosophy

The Camp experience at Sunnyhill benefits those who attend long after they leave. Camp is a community where individuals can generate greater awareness, understanding and appreciation of themselves, through the many activities offered and interaction with their peers.

Social Skills are developed as campers communicate and participate in various activities. Each camper gets an opportunity to express themselves. Self esteem increases when campers make new friends, learn new skills and experience personal growth while interacting in an outdoor setting. Best of all, a week at Sunnyhill is fun!

Our multi - national staff hails from six continents to share stories, songs, national clothing and other items from their homelands, providing campers with a unique cultural experience. Staff receives specialized training, which allows them to provide the level of support requested by the individual or family.

Financial assistance is available!

St Louis City Residents- 314 772 2299

St Louis County Residents-314 726 6044

St Charles County Residents- 636 477 7704

Others call your case manager for details.

Or Sunnyhill Adventures- 636 274 9044



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Sunnyhill Adventures
P.O. Box 246
Dittmer, MO 63023

2011
Variety
Stellar Performance Award



2012
Sunnyhill
Adventures

P.O. Box 246

Dittmer, MO 63023

636.274.9044

www.sunnyhillinc.org



What is Sunnyhill Adventures?

We provide camping experiences that emphasize dignity, promote independence and offer challenge by choice. We provide activities that are fun, safe and supervised by qualified, experienced staff. We serve a balanced, healthy, meal three times per day from our camp kitchen.* Special dietary needs will be accommodated when food is provided by participant.

Activities

Outdoor Education

Our beautiful wooded setting is ideal for school groups, churches or youth groups. Come and learn about nature through the study of local flowers and trees or by observing animals native to the area. Challenge yourself at orienteering, animal tracking, climbing or camp set up. Star gazing around the campfire is a must on a clear summer night.

Outdoor Challenge

Our 50ft. Alpine Tower and Swing are sure to challenge every camper's limits. We are a challenge by choice facility. One step on the tower is as hard as going to the top for some. Our low ropes course is designed to teach teamwork and be a fun encounter for each individual. We also offer cave explorations and hiking expeditions off site at Meramec State Park.

Water Activities

We offer a wide variety of water based activities, such as our lakefront where campers can paddleboat, canoe, fish or relax in the pavilion. The swimming pool is 60,000 gallons of fun, where campers can cool off in the afternoon, play water basketball, further develop their swimming skills or just relax by the side of the pool. Additionally we offer off site float trips ranging from 2 – 5 miles, down the Meramec River

Creative Arts

Campers are encouraged to express themselves through various arts and crafts projects, creating images and collages using materials found in the camp environment.

Sports Activities

We offer a wide variety of sports such as baseball, kickball, volleyball, soccer, softball, basketball and archery.

Grab Your Piece of a Great Camp Experience with Sunnyhill Adventures for Summer of 2012!

2012 Youth Programs (ages 8 - 17)

Prepare yourself for a week of excitement! Each participant has the opportunity to explore the beautiful country side of the camp, establish new friendships, and challenge their inner strength. Sunnyhill camp offers traditional camp activities as named in our activities section. Sunnyhill offers activities to challenge the most competitive participant. Sunnyhill personnel are able to accommodate children of all abilities and provide individualized attention to participants by providing staffing ratios of 1:1, and 1:5 to meet participants individualized needs.

Camp Dates	Program	Staff to Camper Ratio	
		1:5	1:1
June 17-22	Adventure	\$625	\$915
June 24-29	Adventure	\$625	\$915
July 1-6	Adventure	\$625	\$915
July 8-13	Adventure	\$625	\$915
July 15-20	Adventure	\$625	\$915
July 22-27	Adventure	\$625	\$915
July 29-Aug 3	Adventure	\$625	\$915
Aug 5-10	Adventure	\$625	\$915

2012 Adult Programs (ages 18 & up)

Our adult program provides the opportunity for participants to attend a week long camp corresponding to a theme. Sunnyhill adult program provides quality camping experiences to adults with developmental disabilities. Adult programs offer traditional camping opportunities, dances, hayrides, and cookouts. Sunnyhill personnel are able to accommodate adults with disabilities and provide individualized attention to participants by providing staffing ratios of 1:1 or 1:5 to meet participants individualized needs.

Camp Dates	Program	Staff to Camper Ratio	
		1:5	1:1
June 17-22	Adventure	\$625	\$915
June 24-29	Adventure	\$625	\$915
July 1-6	Every Days a Holiday	\$625	\$915
July 8-13	Adventure	\$625	\$915
July 15-20	Adventure	\$625	\$915
July 22-27	Every Days a Holiday	\$625	\$915
July 29-Aug 3	Adventure	\$625	\$915
Aug 5-10	Arts Festival	\$625	\$915

Types of Camps

Adventure Camp

A combination of canoeing, fishing, climbing, caving, archery and other activities designed to delight the outdoor enthusiast while allowing for the creature comforts of air conditioning and a warm bed

Arts Festival

This features all of the traditional elements of camp plus an assortment of arts and crafts, music, painting and dance parties

Every Day is a Holiday

In addition to all of the traditional camp activities we celebrate our American holidays in the middle of the summer!

Mini Camps

We offer weekend versions of summer camp which are available during the year. The programs and activities coincide with the season in which they are offered.

Adult Mini \$300
May 18-20 2012
Dec 14-15 2012

Youth Mini \$300
May 18-20 2012
Dec 14-15 2012

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